

JORDAN'S BRIDGE

Christian Counseling

Disclosure Statement

The purpose of the Disclosure Statement is to define the nature of the counseling relationship between the client and the counselor at Jordan's Bridge Christian Counseling. It defines our philosophy of counseling, the parameters of confidentiality and our fees and payment alternatives. Additionally, it explains our areas of competence and plan for treatment.

Philosophy

Jordan's Bridge Christian Counseling is a ministry of Free Grace Presbyterian Church. We believe the Bible is the inspired Word of God to man concerning faith and life, and that it relevantly speaks into the problems that our clients face. We do not force religion on our clients; rather, we attempt to remain true to our core beliefs and values, and strive to reflect the character and grace of God in all we do. As trained professionals we also find that medical assistance, professional research and treatment methodologies not specifically found in the Bible may be helpful in identifying problems and applying appropriate interventions.

Confidentiality

Jordan's Bridge Christian Counseling believes that confidentiality is the cornerstone to building a healthy and trusting therapeutic relationship. We are committed to guarding the privacy of our clients' lives, and we will disclose client information only if state-mandated exceptions arise. The exceptions include:

Admitted or suspected child or elder abuse, or abuse of any incapacitated person.

The client is a perceived threat to self or others.

The counselor is subpoenaed by the court to testify or release client information.

A release of information is signed by the client or legal guardian.

A parent or legal guardian of a client under the age of 18 requests information about the child.

In defense against legal action or formal complaint which client makes before a court or regulatory board.

During supervisory consultations.

Also, by signing this form, you are accepting the following additional limits to confidentiality:

The counselor may formally consult another Jordan's Bridge Christian Counseling colleagues about treatments, assessment, diagnosis.

Areas of Competence

Our counselors are trained for work with individuals, couples and families. Areas of competence include general relationship issues as well as many disorders diagnosed using the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). A brief list includes conflict resolution, communication, depression, addiction, spiritual issues, sexual abuse, infidelity, anxiety, grief, pre-marital, transition issues and sexuality issues.

Consent to Counseling

I have read the above information and have discussed it with my counselor and understand what I can expect from counseling at Jordan's Bridge Christian Counseling.

If I am not benefiting from counseling, or if we have failed to establish a strong working relationship, my counselor will provide me with one or more referrals that may better serve my needs.

I understand that I am free to leave counseling at any time.

If I choose to terminate counseling prior to the expected termination date agreed upon with my counselor, I commit to discuss this decision with my counselor in advance of my actual termination.

I consent to enter into a counseling relationship with _____/_____, currently under supervision with _____/_____, for state licensure or for professional development.

Financial Information

I have reviewed, completed, and signed the **Client Registration Form** and agree to pay \$_____ per hour for counseling services rendered to me.

I understand that counseling sessions may go longer than one hour. I agree to pay for actual time spent in counseling, understanding that the amount charged increases on the quarter-hour.

If I do not cancel an appointment with at least 24 hours notice, I understand that I may be charged for the missed session.

Records Release Policy

It is my understanding that if I am receiving *individual counseling*, my client file (progress notes, tests and assessments, billing history, diagnosis, treatment plan, etc.) maintained by Jordan's Bridge Christian Counseling is privileged. The contents of this file will only be released pursuant to: a) my valid, written authorization, b) a valid subpoena, and/or, c) a court order.

It is my understanding that if I am receiving *marital or family counseling* (relationships established by blood or by law) the contents of my joint client file (progress notes, tests and assessments, billing history, diagnosis, treatment plan, etc.) maintained by Jordan's Bridge Christian Counseling may be released to my spouse, any adult family member participating in counseling, or by request pursuant to: a) a valid written authorization from that individual (with or without my consent), b) a valid subpoena, and/or, c) a court order.

All other requests for copies of my joint client file maintained by Jordan's Bridge Christian Counseling require:

- a. a valid written authorization from all adult co-clients,
- b. a valid subpoena, and/or
- c. a court order.

Client Signature _____ Date _____

Client Signature _____ Date _____

Legal Guardian _____ Date _____